

Monday 3 May 2021

Dear WD50+ Club member,

At last the WD50+ Club is re-opening again under Clare Smith's guidance on FRIDAY 21 MAY, 11.45AM - 12.30 at Fyfield Village Hall! A notice is displayed on the FVH outside notice board and is being posted onto the Fyfield Village Hall website under the Clubs section ([www.fyfieldvillagehall.org.uk](http://www.fyfieldvillagehall.org.uk)). There will also be a Notice at Fyfield Village Stores and Post Office. We are doing our best to notify all Members by email, letter and phone.

I am attaching the Revised Covid-19 Guidelines as from 21 May – please read and follow so that we can comply with the current social distancing and sanitation requirements. Session Fees are unchanged: £3 members, £4 non-members, but we cannot offer Free Taster Sessions at present.

Please arrive by 11.35 ready to start at 11.45am and **wearing a mask** enter by the Monica Couling Room Door. Sanitise your hands using the sanitising materials on the table, enter your name and contact details on the *Track and Trace* list or scan the NHS QR code on the table, if you have this downloaded on your phone. **Masks should be removed during exercise, and replaced at the end of the session**, 12.30pm approx.

Although the format of our sessions will be different, Clare has devised a series of exercises, seated, standing and walking, that will give us a really good workout despite the restrictions. We understand perfectly that some WD50+ members might not wish to return yet, but please do come if you can and phone Liz (01277899324) or me (01277899504) or reply by email to confirm whether or not a) you are coming on 21<sup>st</sup> May and b) intend to attend WD50+ sessions regularly.

Even with restrictions relaxed, we *may* have to ask people to book their place in advance, in which case WD50+ members will have preference. Once the Club has been running again for a few weeks, we will have a better idea of what works and what might need changing. Hopefully current restrictions will be further relaxed from 21<sup>st</sup> June and make life easier for us all!

On behalf of the WD50+ Committee I ask for your co-operation and patience at this very difficult time. I look forward to seeing some friendly, familiar faces on Friday 21<sup>st</sup> May! Don't forget there is outside seating on the Hall patio, so why not bring a packed lunch and enjoy what we hope will be lovely weather! Meanwhile, stay safe and well.

Sincerely

Patti Nicholson for the WD50+ Club Committee

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